

## **DRESS CODE AND CLASS ATTIRE/ETIQUETTE:**

- For your safety, please do not chew gum in class.

**General Modesty Guidelines:** No spaghetti straps or halters (unless you wear a crop top or shrug over it), no midriffs or open back leotards, no sheer (including lace) or deeply scooped leotards (includes back, sides, and/or front). Do not wear anything revealing cleavage. If shorts are shorter than the knee, tights are required under them. Gauchos require leotard and tights underneath. Nothing with writing across the rear end. A leotard is absolutely required if partner work is involved.

Dancers are to treat the instructor and fellow students with courtesy and respect.

### **Ballet, Pointe, Dancin' with Mommy, Creative Movement, Ballet Technique, Pas de Deux:**

#### **Girls:**

(Moms do not have any attire requirements for Dancin' with Mommy classes beyond the general modesty guidelines of the studio).

-Girls are to wear a leotard or unitard and tights. Dance capris, shorts, or skirts are mandatory (unless you are wearing a unitard). (Dance pants are also permitted, but be prepared that you may be asked to roll the pants up at the ankle so that the instructor can clearly see your foot placement. Capris/bermudas are preferred over pants).

-There are no requirements for hairstyle.

-Girls need pink ballet slippers. If you are a competition team member, there is a specific brand required – see the Director to learn more.

#### **Additional notes:**

Denim is not permitted. No specific colors are required. For your own safety, please refrain from excessive jewelry.

#### **Boys:**

-Pants or long shorts that permit ease of motion (prefer shorts so the instructor can clearly see ankles).

-A shirt that permits instructor to critique posture

-Girls need black ballet slippers. If you are a competition team member, there is a specific brand required – see the Director to learn more.

**Additional notes:** Please be sure your shirt is long enough and/or tight enough that it does not constantly come up during class (bear in mind that some of our stretches and movements involve an upside down position). Denim is not permitted. No specific colors required.

### **Tap, Jazz, Lyrical, Turns and Technique, Irish, Contemporary, Musical Theatre:**

**Girls:** Girls are permitted to wear the same attire for tap, jazz, lyrical, turns and technique, and Irish as they are required to wear for ballet. However, they also have the option of wearing:

-Dance capris or bermudas (knee-length shorts). (Dance pants are also permitted, but be prepared that you may be asked to roll the pants up at the ankle so that the instructor can clearly see your foot placement. Capris/bermudas are preferred rather than pants).

-A top that permits instructor to critique posture.

-There is a specific color/style of shoe required for each class. If you are a competition team member, there is a specific brand required – see the Director to learn more.

**Additional notes:** Denim is not permitted. No specific colors are required. For your own safety, please refrain from excessive jewelry. Please be sure your shirt is long enough and/or tight enough that it does not come up during class (bear in mind that some of our stretches and movements involve an upside down position). Leotards are absolutely required if partner work is involved.

**Boys:** Same as ballet.

-There is a specific color/style of shoe required for each class. If you are a competition team member, there is a specific brand required – see the Director to learn more.

**Hip Hop:**

**Girls:**

-Same as above guidelines, except that pants are not only permitted, but preferred due to floorwork/breakdancing.

-See instructor for shoe requirement.

**Additional Notes:** Please do not wear your hip hop sneakers outside of class – no street shoes on the dance floor.

**Boys:**

-Same as above guidelines except you are allowed to wear long pants as well.

-See instructor for shoe requirement.

**Additional Notes:** Please do not wear your hip hop sneakers outside of class – no street shoes on the dance floor.

**Tumbling:**

**Girls:**

-Girls are required to wear a leotard or unitard.

-Dance capris or bermudas (knee-length shorts) are also mandatory. (Dance pants are also permitted, but be prepared that you may be asked to roll the pants up at the ankle so that the instructor can clearly see your foot placement. Capris/bermudas are preferred over pants).

**Additional notes:** Denim is not permitted. No specific colors are required. For your own safety, please refrain from excessive jewelry. Hair must be pulled back out of face.

**Boys:**

-Boys please wear long shorts that permit ease of motion.

-A shirt that permits instructor to critique posture

**Additional notes:** Denim is not permitted. No specific colors required.

**Ballroom:** Please do not wear your dancing shoes outside of dance class (no street shoes on the dance floor). We recommend shoes with a smooth sole, to permit gliding and spinning with ease. Ladies, no spaghetti straps, halter tops, midriffs, sheer, lace and/or deeply scooped back, sheer sides/front, or cleavage. Please do not wear pants/shorts/capris with writing across the rear end).

**English Country Dancing:** Please wear shoes with a fairly smooth sole. Do not wear sneakers. Do not wear your dancing shoes outside of dance class (no street shoes on the dance floor). Ladies, no spaghetti straps, halter tops, sheer and/or deeply scooped back, sheer sides/front, or cleavage. Please do not wear pants/shorts/capris with writing across the rear end.

*--We look forward to a wonderful season of dance with you!*